



Ontario Partnership on  
Aging & Developmental Disabilities

## Provincial Symposium 2009

The Ontario Partnership on Aging and  
Developmental Disabilities (OPADD)

*Presents*

# Inclusion Comes of Age!

March 9, 10 and 11, 2009

Sheraton Parkway Toronto North Hotel & Suites  
600 Highway 7 East, Richmond Hill, ON L4B 1B2  
Telephone: 905-881-2121



**Symposium Sponsor:**  
Government of Ontario



**Symposium Sponsor:**  
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**OPADD Project:**  
Funded by The Ontario Trillium Foundation

# Symposium 2009 “Inclusion Comes of Age”

## Why Attend?

### Learn

From national and international experts in the field of aging and developmental disabilities

### Engage

With 300 leaders, champions and decision-makers

### Network

Exchange ideas and explore issues with others from Ontario, Canada and the United States

### Dialogue

Facilitated Dialogue Sessions will identify what is working and where we go from here

### Energize

With great meals, plenary sessions, motivational speaker, breakouts, dialogue, networking with other champions

## Who Should Attend?

You are a **champion** who recognizes the importance of building systemic capacity to support older adults with a developmental disability

You are a formal or informal **leader** who has a vision of how the system must change to ensure effective stewardship of resources to support older adults with a developmental disability

You are a **decision-maker** who is committed to shaping policy, planning and service delivery for effective support to older adults with a developmental disability

You are an **innovator** who sees what is possible and makes it happen

You are a trend setter who is involved in new ways of partnering between the long term care/seniors community services and the developmental services sectors

## When and Where?

**March 9 2009** 7:00 P.M. private wine and cheese reception for all delegates who register for the full Symposium; Sheraton Parkway Hotel OPADD private suite

**March 10 & 11 2009** Two days of learning, networking, dialogue and entertainment

### Sheraton Parkway Toronto North Hotel & Suites

600 Highway 7 East, Richmond Hill, ON L4B 1B2 - at the corner of Leslie just west of Highway 404  
Telephone: 905-881-2121

Call to book your room and indicate you are with the OPADD Symposium to get the symposium rate: Sheraton standard room \$139.00; Sheraton jacuzzi suite \$159.00; Best Western standard room \$109.00

## Register Now!

# How to Register

Complete the registration form at the back of this symposium program brochure:

1. Provide identifying and contact information.
2. Indicate whether you are registering for the full symposium or Day 1 or Day 2.
3. Provide your payment information and make cheque payable to: "Reena" and make a note on the cheque "OPADD Symposium 2009".
4. Tell us if you have any dietary or physical restrictions for which you require accommodation.
5. If you are attending the full symposium let us know if you will attend the wine and cheese reception 7:00 PM March 9 2009.
6. Register for your preferred discussion topic in the "OPADD Dialogue".
7. Register for concurrent sessions.
8. Contact the Sheraton Parkway Hotel to reserve your room at symposium rates. Tel: 905-881-2121

## Symposium Reception

Delegates registered for the full symposium are invited to a private reception 7:00 P.M. March 9 2009 in the OPADD suite at the Sheraton Parkway Hotel. Come out to meet colleagues, leaders and other champions from across Ontario. Network with colleagues in other regions. Wine and cheese will be served.

## The OPADD Dialogue

All registered delegates will receive a copy of the OPADD Discussion paper by mail or e-mail, as preferred, prior to the Symposium. The paper will provide background reading preparatory to the OPADD Dialogue.

The Ontario Partnership's Vision for the Future is one where every person with a developmental disability has the same rights to support and services as all older Ontarians. The realization of this Vision requires that service providers, policy makers, funding bodies and communities work together responsibly in the interests of the aging person and his/her family. It requires the availability of appropriate training and education as well as research that informs best practice. This vision is based on the value of each human as a unique individual and the belief that quality of life must be available to all of us regardless of age.

It is not OPADD's intent to remain in existence indefinitely but to encourage the service system itself to embrace the work required in realizing the Vision. The OPADD Dialogue is an opportunity for all delegates to the Symposium to identify what has been accomplished to date and identify important next steps in realizing the Vision. There will be five concurrent OPADD dialogue topic sessions during the symposium:

1. Achieving Inclusion
2. Planning and Coordination
3. Cross Sector Service Delivery
4. Training and Education
5. Policy Issues

Delegates will have opportunity to pursue the discussion in one of the five topic areas during the two days of the symposium. Each discussion will examine the topic in terms of what has been accomplished, and what needs to be done. Each dialogue group will develop an Action Plan for their topic area.

The proceedings of these dialogue sessions will be provided to all symposium delegates, OPADD members of the provincial table and regional committees, Local Health Integration Networks (LHINs), Community Care Access Centres (CCACs), the Ministry of Community and Social Services (MCSS), MCSS Coordinated Access Programs, the Ministry of Health and Long Term Care and the Seniors Secretariat.

# Keynote and Principal Speakers

## Lilian Thorpe, BSc, MSc, MD, PhD, FRCPC - OPENING KEYNOTE



Dr. Thorpe is Professor (Part-time) Community Health and Epidemiology; Clinical Professor (Psychiatry) and Geriatric Special Programs, Saskatoon City Hospital. Dr. Thorpe is a full member of the research team: Research and Community Alliance for Quality of Life in Long-Term Care. Dr Thorpe is also principal investigator of a longitudinal study of intellectual disabilities and aging: ongoing 12 year follow-up of 360 community dwelling adults with intellectual disabilities, with focus on mortality, cognitive change, mental health, quality of life and use of psychotropic medications. Dr. Thorpe is active with the Vitamin E in Down Syndrome International Study, one of two Canadian sites, funded by the National Institute on Aging, USA.

## Tamar Heller, PhD - PRINCIPAL SPEAKER



Tamar Heller, Ph.D., Professor, is Head of the Department of Disability and Human Development, University of Illinois at Chicago. She also directs the Rehabilitation Research and Training Center on Aging with Developmental Disabilities and projects on support interventions for individuals with disabilities and their families. In addition she is director of the University Center of Excellence in Developmental Disabilities for the State of Illinois.

Dr. Heller has written over 150 publications and presented over 200 papers at major conferences on family support interventions and policies, self-determination, health promotion, and aging of people with developmental disabilities. She has co-edited and co-written four books and edited special issues of *Technology and Disability*, *American Journal on Mental Retardation*, *Journal of Policy and Practice in Intellectual Disabilities*, and *Family Relations*. She was a delegate to the 2005 White House Conference on Aging and is the incoming President-Elect of the board of the Association of University Centers on Disabilities.

## Kerry Boyd PhD - PRINCIPAL SPEAKER



Dr. Boyd is a psychiatrist who has worked for over a decade in the field of intellectual disabilities and autism; across the lifespan. She is an Assistant Clinical Professor for the Department of Psychiatry and Behavioural Neurosciences at McMaster University. Dr. Boyd also works with the Autism Spectrum Disorder Team at McMaster Children's Hospital and is Chief Clinical Officer at Bethesda in Thorold.

Bethesda offers a wide range of supports and services to adults and children who have a developmental disability.

## Roy Brown PhD - PRINCIPAL SPEAKER



Dr. Roy Brown PhD University of London; Professor Emeritus, University of Calgary, Canada, Flinders University, Australia; Adjunct Professor, Simon Fraser University and the University of Victoria, Canada. Dr. Brown works with the Down Syndrome Research Foundation (DSRF) investigating several aspects of quality of life among people with Down syndrome and their families. DRSF is a growing international team from Canada, Australia, Taiwan, South Korea, and other countries exploring challenges that confront families with children who have disabilities.

## Terry Kelly - EVENING KEYNOTE AND ENTERTAINER



Terry Kelly, a Newfoundland native, brings new perspective to achieving one's Vision. In 2007, Terry was asked by General Hillier to travel to Afghanistan where he performed for Canadian troops. In 2003, Terry was presented with the Order of Canada. Terry is an athlete, award-winning singer/songwriter, entertainer, professional speaker and lover of life. His accomplishments include: double silver medalist at the 1979 Canadian Track Championships; the third blind person in the world to run the mile in under five minutes; Olympic Torch carrier in the 1988 Winter Olympics Cross-Canada Torch Relay; winner of the King Clancy Award and the Canadian Country Music Association 2005 Humanitarian Award; recipient of Honourary doctorates in Civil Laws and in Fine Arts from the University of King's College and Saint Mary's University "for his contribution to humanity".

# Plenary Session Descriptions

## **“Building Capacity as Inclusion Comes of Age”**

Keynote Speaker: Lilian Thorpe, BSc, MSc, MD, PhD, FRCPC - 9:15 A.M. Tuesday March 10

Developmental services and long term care/seniors community services face considerable pressure as the aging boom advances. Not only must service providers find new methods that work with this population but they must be supported by planning and coordination bodies, training and education institutions, research institutes and an appropriate regulatory and legislative framework. Achieving a new coherence requires leaders and champions who are cognizant of the challenge and committed to making it happen at a variety of levels within the system. Dr. Thorpe will draw on her considerable knowledge and experience to discuss broad systemic issues in the areas of research, planning, education and service delivery as they apply to aging and developmental disabilities. Dr. Thorpe will describe our current situation, identify the challenges that lie ahead and clarify some of the key strategies that we must pursue to ensure inclusion comes of age.

## **“Best Practices in Aging and Developmental Disabilities”**

Principal Speaker: Tamar Heller, PhD - 11:30 A.M. Tuesday March 10

A challenge for service providers and planners is adapting programs for the growing numbers of older adults with developmental disabilities. This presentation will provide the latest information on the needs of this population, including age related health and social changes. Secondly it will provide examples of best practices in health promotion, family caregiving support, person-centered planning, assistive technologies and environmental accommodations, and end of life care. It will be discussed in the context of both the aging and disability service systems.

## **“The Power of the Vision”**

Motivational Speaker: Terry Kelly - (Following dinner) 8:00 P. M. Tuesday March 10

Leaders and champions must not only have vision but be able to engage others in seeing what is possible. Terry will explore the significance of communication; the need to confront our fears; the importance of dreams, goals, challenges, choices and responsibilities; the meaning that comes from understanding and celebrating our differences; the energy that comes from balancing our business and personal lives; team building and collegiality; and the value of enthusiasm. Using personal anecdotes peppered with humor, songs and audience participation, Terry will address these issues, encourage each individual to develop his/her own values and strategies for living and working well and show how his approach to happy, healthy living has implications for our work in ensuring that inclusion comes of age.

## **“Quality of Life:**

### **What it is and how it can support people with developmental disabilities as they age”**

Principal Speaker: Roy Brown, PhD, FIASSID, Emeritus Professor University of Calgary, Canada & Flinders University, Australia - 9:00 A.M Wednesday March 11

This presentation provides an overview of the conceptualization and principles of Quality of Life in the field of developmental disability and aging, and examines how QoL can change our perceptions as well as influence the nature of policy, service and support. Assessment and measurement of personal quality of life are described, along with intervention and support strategies for people as they age. Examples are provided which relate to life span and the holistic nature of human needs as people age. Quality of life is seen as relevant to transition and accepts the importance of inclusion. It has recently been applied to family life which is critical in the context of aging.

# Concurrent Session Descriptions

10:15 - 11:15 A.M. Tuesday March 10 2009

A1

## Central East Aging and Developmental Disabilities Committee - Supporting Partnerships

The Central East Aging and Developmental Disability committee is a dynamic committee formed in 2001. The committee began as a cross sector training committee and evolved into a regional committee supporting many local partnership projects. The presentation will look at the committee process and what has made it a success as well as describe the various initiatives.

Presenters: Lorraine Jelly, Administrator, Coleman Care Centre, Barrie  
Sandy Stemp, Program Director, Reena, Thornhill

A2

## Relationship-Building: Principles for Success

Cross sector relationships require investments of time and attention. Two stories underline the elements of building and maintaining successful cross sector relationships.

Reena and Cummer Lodge have worked in partnership to support individuals with a developmental disability who have transitioned to long-term care. The presentation will discuss how the partnership has developed over the past five years, the key elements for successful collaboration and how the partners manage challenges in the relationship. Planning and transition practices will also be highlighted.

Presenters: Cindy Stephens, Director of Nursing, Cummer Lodge, Toronto  
James Sejjengo, Resource Manager, Reena, Thornhill  
Sandy Stemp, Program Director, Reena, Thornhill

The Ottawa/Champlain Regional Committee entered into a relationship with the Local Health Integration Network and has subsequently become a subcommittee of the LHIN. Learn how the relationship was established and the benefits accruing to the players.

Presenter: Mike Coxon, Executive Director, Mills Community Support Association, Almonte

A3

## Collaborative Care: Aging and Dual Diagnosis

The *Collaborative Care: Aging and Dual Diagnosis (CCADD)* treatment model was developed by staff of the Geriatric Services Program (GSP) and the Bayview Dual Diagnosis Program (BDDP) in response to an identified need. The mandate of CCADD is to conduct research, establish leading practices, make recommendations, and provide advice to clinicians and decision makers. The Collaborative Care Team provides ongoing system development and promotes excellence in care to older clients with psychogeriatric issues and a dual diagnosis.

Presenters: Marc Simpson MSW, (cand.), RSW; and AnnaLee King RN, GNC(C)  
Bayview Dual Diagnosis Program, Mental Health Centre Penetanguishene

A4

## New York State Services - Informing Future Direction

Dr. Philip McCallion will discuss his research on care-giving issues, particularly the interaction of informal care with formal services, collaboration across service systems and the experiences of multi-cultural families. Dr. McCallion's presentation will also cover evaluation of non-pharmacological interventions for persons with dementia, the development of innovative demonstration projects designed to maintain aging persons with intellectual disabilities in the community and system design work on creating aging prepared communities. Recommendations from the People First Coordinated Care Listening Forums will be outlined.

Presenter: Philip McCallion, Ph.D. ACSW, Professor, School of Social Welfare, University at Albany, Hartford Geriatric Social Work Faculty Scholar and Mentor, Director of the Institute for Social Services Research and Development

**A5****An Aging Population in MCSS Funded Accommodation in Central East - Results and Considerations of a Survey**

Presenters will discuss the compelling findings and implications of a recent survey of developmental service agencies in the Central East Region: the extent of the aging population and implications for funded spaces; the need within the DS sector for effective support coupled with evidence-based communication with health care practitioners; partnerships with long term care facilities and/or community services for seniors; implications of the cradle to grave philosophy of some DS agencies; and how the Regulated Health Care Act and Regulated Health Professions Act apply to DS agencies.

Presenters: Susan Finnie, Special Projects, Catulpa Community Support Services, Midland  
Beverly Vaillancourt, DSW, BA in Gerontology, Manager Residential Services, Community Living Huronia, Midland

## Concurrent Session Descriptions

1:30 - 3:00 P.M. Tuesday March 10 2009

**B1****Evidence-based Practice in Aging and Dual Diagnosis**

The presentation provides an overview of aging issues and dual diagnosis. Learning objectives covered in the presentation include:

- Multiple factors affecting the well being of aging individuals who have an intellectual disability
- The impact (for better or for worse) of psychotropic medications in the elderly
- Outline an approach to treatment
- Observations regarding aging and dementia in the Down Syndrome population

Presenter: Kerry Boyd, PhD

**B2****Building Bridges Between the Aging and Disability Communities**

Education is an important bridge for stimulating dialogue and exchanging knowledge among groups who share a common commitment to positive aging for all people. The Nova Scotia Project set a goal of building links between aging and disability sectors to foster social inclusion for aging persons with developmental disabilities. This presentation will focus on key messages heard and resource materials developed during the project. The messages and resources reflect input from a variety of stakeholders and offer a range of options to address the issues.

Presenter: Marlene MacLellan, BA, MAHE (Master of Arts in Human Ecology), Manager, Continuing Care Studies in the School of Health and Human Services, Nova Scotia Community College

**B3****Considerations and Issues in Aging and Developmental Disabilities**

Researchers, academics, clinicians, caregivers, planners and policy-makers share responsibility for providing an appropriate regulatory framework, effective learning processes, timely planning and pertinent interventions. This presentation will examine how the various parts of the system must be brought to a new integration that works for older adults with a developmental disability.

Presenter: Lilian Thorpe, BSc, MSc, MD, PhD, FRCPC

**B4****Healthy Aging of Adults with Developmental Disabilities**

Adults with developmental disabilities are at greater risk of developing age related secondary conditions than the general population. This presentation will provide information on health status of subgroups of adults with developmental disabilities, including various genetic and associated conditions and women's health. Secondly, the workshop will discuss ways to promote health including, health care access, health advocacy, and exercise and nutrition programs.

Presenter: Tamar Heller, PhD

**B5****Issues & Challenges in Quality of Life & Aging: Policy, Management & Frontline Application**

This presentation focuses on the application of quality of life to specific issues in policy and practice. Its format includes both presentation and extensive audience participation. Discussion topics include the domains of quality of life, as they relate to people with developmental disabilities who are aging and in transition. Issues will relate to choice over living environment, recreation and leisure, as well as community living and privacy. Practical issues relating to exclusion and inclusion will also be considered as well as the need for services to collaborate in long-term support. The pros and cons will be presented and participants asked to consider these issues in relation to their own knowledge and experience.

Presenter: Roy I. Brown, PhD, FIASSID, Emeritus Professor University of Calgary, Canada & Flinders University, Australia

## Concurrent Session Descriptions

### 10:00 - 11:00 A.M. Wednesday March 11 2009

**C1****Community Takes Action to Meet Aging Needs - The Wellington County Story**

A small group of community players came together to deal with the emerging needs of people with developmental disabilities who are aging. Following a review to gather information about the profile and needs of the aging population, the Wellington Community Planning Group formed a subcommittee with representation from Developmental Services, Long Term Care, Mental Health and the Community Care Access Centre. An application for LHIN funding and a workshop on aging and developmental disabilities were key elements in building a sustainable partnership.

Presenter: Angel Cardinal-Milton, MSW, Christian Horizons, Kitchener

**C2****Service Coordination in Long Term Care Homes**

How does an adult with a developmental disability negotiate what he/she needs while living in a LTC home? The Service Coordination program provides support to 50 people in 14 LTC Homes to sustain quality of life. Services include education, assistance with behaviour programs, family support, referrals to specialists, transportation coordination, consultation with clinicians and direct support to individuals. This presentation will cover the history, funding, resource requirements, benefits and the need for more similar supports across Ontario.

Presenter: Kathy Peters, Long Term Care Service Coordinator, Alice Saddy Association, London

**C3****Seniors in Crisis**

Are there resources in Ontario available to seniors with developmental disabilities who enter crisis? The answer is YES!! The Crisis Response Network for the Community Network of Specialized Care provides timely, flexible and appropriate crisis response service to individuals, their families or caregivers experiencing a psychosocial or situational crisis. Through case studies it will be demonstrated how crisis services and developmental services can work together to address these needs. The audience is encouraged to bring their own case scenarios so the group can formulate possible plans of actions.

Presenters: Sandra Scott, Crisis Response Network Coordinator, CMHA, Peterborough  
Toni Hill, Dual Diagnosis Outreach Worker, CMHA, Peterborough

**C4****Two Partnership Models Supporting Quality of Life****Senior Link - A Sustainable Cross Sector Model**

Learn how collaboration through resource-sharing, cross sector training and inter-organizational agreement supported the development of additional adult day program spaces to sustain individuals with a developmental disability who are aging or showing signs of dementia. This partnership venture has matured to encompass sharing resources and volunteers as well as the provision of support for individuals in LTC Homes.

Presentation description continued on next page

Presenter: Connie Dawson DSW, Team Lead Residential Services and Senior Supports, Wingham and District Community Living Association, Wingham

#### Coleman Care Centre: Supporting Individuals with Developmental Disabilities in a Long Term Care Home

Coleman Care Centre is engaged in a cross sector partnership with Simcoe Community Services to support individuals with a developmental disability using a joint staffing model. This presentation will describe collaborative staffing, challenges, how the partnership has been sustained over many years and how the expertise of both organizations has been leveraged to create a joint model of support.

Presenter: Lorraine Jelly, Administrator, Coleman Care Centre, Barrie

#### **C5** Supported Empowerment of Individuals with Developmental Disabilities and Dementia

A case study exploring the qualitative experience of four consumers living in a home specializing in dementia support identifies two social processes: one of marginalization and the other of supported empowerment. The process of marginalization depicts how dementia affects people with developmental disabilities as they incur multiple losses in ability, home, and community. In spite of losses, the data illustrate how these individuals are empowered when supported to maintain their selfhood with good healthcare, decision-making, self-agency, autonomy, freedom of choice, and engagement with community. The study generates a theory of supported empowerment with micro-practices that harness elements of empowerment necessary to support individuals.

Presenter: Shehenaz Manji, PhD, Faculty of Social Work, Wilfrid Laurier University

## Concurrent Session Descriptions 1:30 - 2:30 P.M. Wednesday March 11 2009

#### **D1** Crossing the Sectors in Partnership Development! The South Central Region Story

The South Central Region has developed a variety of responses to support individuals who are aging with a developmental disability and maintain their quality of life. This joint presentation by several South Central champions will highlight how we created momentum for partnership across the region; dealt with policy issues; sustained dialogue; pooled expertise, resources and technology; developed cooperative cross sector training; opened doors and designed new models of cross sector support. The experience of South Central players underlines the value of collaboration at a systems level and identified key ingredients for sustaining relationships.

Presenters: Donna Marcaccio, Executive Director, Rygiel Supports for Community Living, Hamilton  
Marcia Cramp, Resource Coordinator, Contact Niagara, St. Catharines  
Anne Swift, First Link Coordinator, Alzheimer Society of Hamilton and Halton  
Linda Smith, Facilitator, Southern Network for Specialized Care, Hamilton  
Deanna Finch-Smith, Executive Director, Salvation Army Lawson Ministries, Hamilton

#### **D2** Education Through Partnership - Two Models of Cross Sector Learning

##### U-First! Cross Sector Training

U-First! is a training program developed in the seniors and long-term care sector to help staff manage challenging behaviour with individuals with Alzheimer and related dementia. This presentation will describe a unique collaboration between seniors/long-term care and developmental disabilities to provide training to staff in both sectors. Trainers will describe the challenges and benefits of offering this course on a cross sector basis.

Presenters: Maureen O'Connell, Psychogeriatric Resource Consultant, Simcoe County  
Lisa Morasse, Public Education Coordinator, Alzheimer Society of Kawartha Lakes  
Jane Scott, Resource Supervisor, Reena, Thornhill

Presentation description continued on next page

## Looking Ahead - Haldimand and Norfolk Seniors Partnership

The Looking Ahead web site provides a one stop resource centre for individuals living in Haldimand or Norfolk County that have a developmental disability and their families. The site includes information on aging with a disability and advance care planning as well as links to support providers. The web-site address is <http://lookahead.ca>. The theme of this presentation is building community capacity.

Presenters: Susan Wavell, Executive Director, Community Living Haldimand  
Karen Dickhout, Manager, Contact Haldimand-Norfolk, Haldimand-Norfolk R.E.A.C.H.

## **D3** The Human Face of Cross Sector Support to Individuals - Two Models

### The Mary Centre/ Malton Village Partnership

The origins, challenges and important benefits of creating and maintaining partnerships between LTC and DS are discussed. This partnership has created capacity to successfully transition and support individuals with a developmental challenge into a long term care home.

Presenters: Terry Elliott, Mary Centre, Toronto; and Angela Archer, Malton Village

### St Joseph's at Fleming Case Study

St. Joseph's is an innovative LTC Home committed to individualized support. A case study of one client illustrates how cross sector collaboration and best practice contributes to positive outcomes for older adults with a developmental disability.

Presenter: Vicki Barrow, Manager of Support Services, St. Joseph's at Fleming, Peterborough

## **D4** Cross Sector Training - Two Approaches

### A Journey of Collaboration

Long term care and community living service providers in Simcoe County have a history of cross sector learning. Recently the Simcoe Training Committee devised a new learning model which uses a hands-on approach. Participants solve case studies by searching for and obtaining an appropriate mix of services and programs. A marketplace of services is set-up at the training site with representation from a wide range of agencies. The model supports directions of the Local Health Integration Network, the Ministry of Health and Long Term Care's "Aging at Home Strategy" and the Ministry of Community and Social Services "Person Centered Plans" Initiative.

Presenter: Donna Gordon, Social Worker, Simcoe Community Services, Barrie

### Walk In My Shoes Day

During our regional cross sector workshop we discovered how little each sector knew about the other. In exploring the reasons for this we proposed a cross sector staff exchange program, the Walk in My Shoes Day. A simple idea with virtually no cost was tested. We discovered the power and have realized many benefits of getting to know colleagues, agencies and service delivery models in one another's sector. Learn how Toronto is Building Bridges and Bridging Gaps to meet the needs of older adults with developmental disabilities.

Presenters: Cindy Stephens - Director of Nursing, Cummer Lodge, Toronto  
James Sejjengo, Resource Manager, Reena, Thornhill

## **D5** Ageless: No Boundaries

As we get older, our needs change. Vita Community Living Services recognized the need for change as members aged. Vita along with Villa Colombo Vaughan developed a partnership in late 2006, which allows aging members to have optimal quality of life within a long term care facility. The care professionals at Vita and Villa Colombo Vaughan work together to ensure that all of the members' needs are being taken care of. The discussion will focus on transitional planning for the member and his/her family; challenges; and successes with our new partnership.

Presenters: Donna Escott, Program Director, Vita Community Living Services, Toronto  
Emily Romita, Manager, Vita Community Living Services, Toronto

## Symposium 2009 “Inclusion Comes of Age” - Registration Form

Your Name: (First) \_\_\_\_\_ (Last) \_\_\_\_\_

Organization: \_\_\_\_\_

Position/Title: \_\_\_\_\_

Please tell us about your sector or area of work. I work in:

- Developmental Services                       Long Term Care/Seniors Community Services  
 Education     Research

Other (please specify): \_\_\_\_\_

Address: \_\_\_\_\_

Municipality: \_\_\_\_\_ Province/state: \_\_\_\_\_

Postal code/zip code: \_\_\_\_\_

Telephone: \_\_\_\_\_ Fax: \_\_\_\_\_

E-mail: \_\_\_\_\_

### **I wish to register for:**

- Full symposium** - \$300 covers March 9 evening reception; March 10 plenary & concurrent sessions, breakfast, lunch, dinner and breaks; March 11 plenary & concurrent sessions, breakfast, lunch and breaks.
- March 10 single day** - \$225.00 covers March 10 plenary & concurrent sessions, breakfast, lunch, dinner and breaks.
- March 11 single day** - \$150.00 covers March 11 plenary & concurrent sessions, breakfast, lunch, and breaks.

### **Registration and payment method:**

- I am registering on paper and will fax it to 905-889-8723 attention Yoyo Yick and my cheque will follow in the mail payable to Reena – and I have indicated in the notes line of the cheque “OPADD Symposium 2009”. I have mailed this to Reena, Attention: Yoyo Yick, 927 Clark Ave. West, Thornhill, ON, L4J 8G6.
- I am e-mailing the registration form to [yyick@reena.org](mailto:yyick@reena.org) and my cheque will follow in the mail payable to Reena – and I have indicated in the notes line of the cheque “OPADD Symposium 2009”. I have mailed this to Reena, Attention: Yo yo Yick, 927 Clark Ave. West, Thornhill, ON, L4J 8G6.

**If you require an electronic version of the registration form, please go to: [www.opadd.on.ca](http://www.opadd.on.ca)**

You will be receiving a confirmation letter via e-mail with more information once you are registered. For more information, please contact Yoyo Yick at Reena at [yyick@reena.org](mailto:yyick@reena.org), 905-889-6484 ext. 2228.

### **Do you have any dietary restrictions or allergies?**

- NO             YES – please specify:

\_\_\_\_\_  
**Do you have any physical restrictions for which you require assistance?** Please explain:

\_\_\_\_\_  
**Hotel Accommodation:** Make your own reservations for hotel accommodation at Sheraton Parkway Hotel. Tel: 905-881-2121 and indicate you are with the OPADD Symposium to receive special room rate.

**Reception:**

If you are registered for the full conference please indicate if you will be attending the evening wine and cheese OPADD private reception 7:00 PM Monday March 9 2009 at the Sheraton Parkway Hotel. The location of the reception suite will be available at the Sheraton Parkway Hotel.

Yes, I am attending the reception     No, I will not be attending the reception

**REGISTER FOR THE OPADD DIALOGUE TOPIC:** Select the TOPIC you prefer. Each topic group will meet three times (See the schedule of OPADD Dialogue Topic concurrent sessions below). Registration is on a first come first served basis. Please rank each of the five topics from 1 (least preferred) to 5 (most preferred). We will do everything possible to accommodate your preference.

**OPADD DIALOGUE TOPICS**

Rank the topics in order of your preference with 1 being least preferred and 5 being most preferred	
	OPADD Dialogue Topic A: Achieving Inclusion
	OPADD Dialogue Topic B: Training and Education
	OPADD Dialogue Topic C: Cross Sector Service Delivery
	OPADD Dialogue Topic D: Planning and Coordination
	OPADD Dialogue Topic E: Policy Issues

Each Topic Group (A, B, C, D, E) will meet three times during the symposium:

1. OPADD Dialogue Concurrent Session 1 – *What We Have Accomplished* – 3:30 PM Tuesday March 10 2009
2. OPADD Dialogue Concurrent Session 2 – *Next Steps* - 11:30 AM Wednesday March 11 2009
3. OPADD Dialogue Concurrent Session 3 - *Building the Action Plan* - 2:30 PM Wednesday March 11 2009

**REGISTER FOR CONCURRENT SESSIONS:** Select concurrent sessions you wish to attend. Registration is on a first come first served basis. Please check off your first and second choice for concurrent sessions. We will do everything possible to accommodate your preference.

**CONCURRENT SESSIONS - DAY 1 - MARCH 10 2009**

**A. Concurrent Sessions 10:15 – 11:15 A.M. Tuesday March 10 2009**

First Choice	Second Choice	
		A1 Central East Aging and Developmental Disabilities Committee – Supporting Partnerships
		A2 Relationship-Building: Principles for Success
		A3 Collaborative Care: Aging and Dual Diagnosis
		A4 New York State Services – Informing Future Direction
		A5 An Aging Population in Central East – Results and Considerations of a Survey

**B. Concurrent Sessions 1:30 – 3:00 P.M. Tuesday March 10 2009**

		B1 Evidence-based Practice in Aging and Dual Diagnosis
		B2 Building Bridges Between the Aging and Disability Communities
		B3 Considerations and Issues in Aging and Developmental Disabilities
		B4 Healthy Aging of Adults with Developmental Disabilities
		B5 Issues and Challenges in Quality of Life and Aging: Policy, Management and Application

**CONCURRENT SESSIONS - DAY 2 - MARCH 11 2009**

**C. Concurrent Sessions 10:00 – 11:00 A.M. Wednesday March 11 2009**

		C1 Community Takes Action to Meet Aging Needs -The Wellington County Story
		C2 Service Coordination in Long Term Care Homes
		C3 Seniors in Crisis
		C4 Two Partnership Models Supporting Quality of Life
		C5 Supported Empowerment of Individuals with Developmental Disabilities and Dementia

**D. Concurrent Sessions 1:30 – 2:30 P.M. Wednesday March 11 2009**

		D1 Crossing the Sectors to Partnership Development! The South Central Region Story
		D2 Education Through Partnership – Two Models of Cross Sector Learning
		D3 The Human Face of Cross Sector Support to Individuals – Two Models
		D4 Cross Sector Training – Two Approaches
		D5 Ageless: No Boundaries